

Beginners Guide to Astrology and Your Birth Chart:

Places to Find Your Birth Chart (for free!):

Co-star: <https://www.costarastrology.com/natal-chart/>

This app and website send you horoscopes as well as details of what the positions on your birth chart mean.

Cafe Astrology:

<https://astro.cafeastrology.com/natal.php>

This website gives you your full chart as well as goes into all of the details as to what each element means including their placements in Houses and all of the other nitty-gritty details that come with astrology. You can even save all of the information as a pdf so you can always view it! This website is overall one of my favorites!

The Basics to Your Chart:

The basics of your chart start with your Sun Sign (when someone asks your sign and you respond "Oh I'm a ____") and beyond. I am going to simplify what each sign means when it's "in each planet." I will also define what each house impacts, but if you want more details, consult your birth chart. There is so much more to this, of course, but this is just the basics that have gotten me relatively far with my knowledge.

Sun:

This controls your creative energies: your ego, identity, and role in your life. For most people, this

is your core and you thoroughly identify with it, but you may not fully align with everything your sign says (you could be a cusp or your moon, rising, and other traits impact each other).

Moon:

This is your inner being: your subconscious, and how you respond. This impacts your emotions and how you react to those emotions internally.

Rising/Ascendant:

This is how you come off to others/your first impression to those who meet you.

Mercury:

This planet impacts communication (hence why we all go crazy when it's in retrograde), therefore it impacts your mentality and how you communicate, your nerves and senses, and your mind.

Venus:

This planet rules love and impacts our receptiveness, intake, harmony, values, and how we love.

Mars:

Mars rules our actions. It impacts our self-projection, ambition, impulse, and aggression.

Jupiter:

Jupiter rules expansion and impacts our spirit, how we assimilate, and how we compensate.

Saturn:

This planet rules structure and impacts form, responsibility, protection, and limitation.

Uranus:

This planet rules change and therefore impacts our breakthroughs, new energies, and transformations.

Neptune:

Neptune rules integration and impacts who we are beyond the individual, our obligation, and loss of distinction.

Pluto:

Pluto rules transition and impacts cycles, power sources, compulsion, and life-death-rebirth.

More Resources I LOVE:

- If you want more information (that explains this a whole lot better than I do). Check out this link:<https://www.lavendaire.com/astrology101/>
- If you, like myself, love looking at astrological compatibility (it's a lot of fun) as well as other astrological information, then check out this website: <https://astrostyle.com/>
- This website breaks down all of the planetary retrogrades happening this year. With that information, you can then do research as necessary to learn about what they mean. Check it out here: <https://horoscopes.astro-seek.com/retrograde-planets-astrology-calendar-2021>
- For those of you who are interested in the moon and its calendar, you can use this link (<https://www.moongiant.com/>) to check out the moon cycle and then do research about what each cycle means)
- You can also check out my Pinterest board where I have pinned a lot of helpful astrology information that go a little bit deeper into what I talked about on the podcast episode: <https://pin.it/69WmBO7>

Stay vibin!

